



KENTUCKY BOARD OF PHYSICAL THERAPY

Andy Beshear
Governor

312 Whittington Parkway, Suite 102
Louisville, Kentucky 40222
Phone (502) 429-7140
Fax (502) 429-7142
<http://pt.ky.gov>

Stephen Curley
Executive Director

MINUTES OF MEETING November 20, 2025

Board Members:	Karen Ogle, PT, DPT, Chair Ramona Carper, PT, DPT, Chair-Elect Janice Kuperstein, PT, PhD Stephanie Lutz, PTA Brad Profitt, PT, DPT Karen Thompson, PT Michael Kleinert, Public Member
Board Staff:	Stephen Curley, Executive Director Krista Barton, Executive Secretary Keith Poynter, General Counsel

A meeting of the Kentucky Board of Physical Therapy was called to order by the Board's Chair, Karen Ogle, at 9:01 a.m. EST on Thursday, 11/20/25, at the Board Office and via video teleconference. A quorum was present.

Dr. Ogle began the meeting by reading into the record that the Board's mission is public protection as it pertains to the delivery of physical therapy services throughout the Commonwealth of Kentucky. Each decision and action taken by the Board shall be in the best interest of public protection without bias and personal conflicts of interest. Dr. Ogle asked the Board members to recuse themselves from both discussion and voting on any matter in which a conflict of interest exists.

Additionally, Dr. Ogle stated the Board would operate within the defined scope of authority set forth in the Kentucky Revised Statutes and Administrative Regulations. She requested the Board's General Counsel to guide and inform the Board on any contemplated or performed actions that fall outside the parameters of the Board's legal authority.

Minutes for Previous Board Meeting

The Board reviewed the draft minutes of the 9/30/25 Board meeting.

Action taken: Following review, discussion, Dr. Carper made a motion to approve the amended minutes of the Board meeting of 9/30/25. The motion was seconded by Ms. Lutz, which carried.

Civil Matters and Investigations

Dr. Kuperstein made the motion for the Board to retire into Executive Session pursuant to KRS 61.810(1)(c), (f), and (j) to discuss deliberations of judicial or quasi-judicial bodies regarding individual adjudications that may lead to the discipline of credential holders. The motion was seconded by Ms. Thompson, which carried.

Subsequently, Dr. Kuperstein made the motion for the Board to come out of Executive Session. The motion was seconded by Ms. Lutz, which carried. The Board returned to open session and voted on the following cases:

2023 Complaint Committee

BIC2023-10: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

CE2023-35

CE2023-107

CE2023-125: The Complaint Committee reported that these cases were issued a Notice of Hearing because they did not accept either a settlement agreement or private admonishment that were issued in January. Additionally, Board Counsel reported the cases are moving through the administrative hearing process.

Action taken: No action taken.

2024 Complaint Committee

C2024-12: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

BIC2024-13: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

BIC2024-24: The Complaint Committee reported that this case involved a credential holder who allegedly instructed an individual they were supervising to complete a treatment without an evaluation. The investigation report was reviewed by the Complaint Committee and there was not enough evidence of the physical therapist directing individuals to perform treatments without evaluations.

Action taken: After discussion, the Complaint Committee recommended and moved to close the case due to insufficient evidence of a violation to KRS Chapter 327. The motion was seconded by Mr. Kleinert, which carried.

BIC2024-25: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

BIC2024-26: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

BIC2024-27: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

BIC2024-28: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

BIC2024-30: The Complaint Committee reported that this case involved a credential holder who allegedly instructed an individual they were supervising to complete a treatment without an evaluation. The investigation report was reviewed by the Complaint Committee, and it did not produce enough

evidence of the physical therapist directing individuals to perform physical therapy treatments without evaluations.

Action taken: After discussion, the Complaint Committee recommended and moved to close the case due to insufficient evidence of a violation to KRS Chapter 327. The motion was seconded by Dr. Profitt, which carried.

2025 Complaint Committee

BIC2025-02: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

C2025-03: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

BIC2025-05: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

BIC2025-06: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

C2025-09: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

BIC2025-10: The Complaint Committee reported that this case involved an allegation of the patient being treated by an unnamed individual who did not have the training, education or expertise to treat the patient. The investigation report was reviewed by the Complaint Committee, and it indicated that the patient was treated by an occupational therapist.

Action taken: After discussion, the Complaint Committee recommended and moved to close the case due to insufficient evidence of a violation to KRS Chapter 327 and forward the complaint to the Occupational Therapy Board. The motion was seconded by Ms. Lutz, which carried.

Dr. Carper recused herself from any discussion or voting pertaining to C2025-10.

BIC2025-13: The Complaint Committee reported that this case involved an allegation of an individual advertising for physical therapy without holding a license to practice. The investigation report was reviewed by the Complaint Committee, and it indicated that there was no direct evidence showing the individual advertising for physical therapy.

Action taken: After discussion, the Complaint Committee recommended and moved to close the case due to insufficient evidence of a violation to KRS Chapter 327. The motion was seconded by Ms. Thompson, which carried.

C2025-14: The Complaint Committee reported that this case involved a credential holder who sent an inappropriate communication to a patient, and the investigation report was reviewed by the Complaint Committee.

Action taken: After discussion, the Complaint Committee recommended and moved to authorize Board Counsel to draft an agreed order. The motion was seconded Dr. Profitt, which carried.

BIC2025-15: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

Dr. Carper recused herself from any discussion or voting pertaining to C2025-15.

C2025-16: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

C2025-17: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

C2025-18: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

BIC2025-19: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

BIC2025-20: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

BIC2025-21: The Complaint Committee reported that this case involved an allegation of an individual practicing physical therapy without a credential. The investigation report was reviewed by the Complaint Committee, and it indicated that a healthcare professional who is not a credentialed physical therapist made changes to the patient's plan of care.

Action taken: After discussion, the Complaint Committee recommended and moved to refer this case to the appropriate county attorney for a violation of KRS Chapter 327. The motion was seconded by Ms. Thompson, which carried.

C2025-22: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

C2025-24: The Complaint Committee reported that this case is ongoing.

Action taken: No action taken.

C2025-25: The Complaint Committee reported that this case involves a credential holder who allegedly committed fraud and material deception.

Action taken: The Complaint Committee recommended and moved to open an investigation. The motion seconded by Ms. Lutz, which carried.

C2025-27: The Complaint Committee reported that this case involves a credential holder who allegedly failed to respect the rights and dignity of a patient.

Action taken: The Complaint Committee recommended and moved to open an investigation. The motion was seconded by Ms. Lutz, which carried.

IPTPC Report

Mr. Fingerson presented the written IPTPC report dated 11/13/25. IPTPC cases that previously have come to the attention of the Board or were discussed at length during the Complaint Committees' reports were reviewed.

BIC2024-18: Mr. Fingerson reported that the credential holder had a compliance issue with their IPTPC contract regarding testing.

Action taken: After discussion, the Board authorized Counsel to contact the credential holder and explain that any further compliance issues with testing may result in disciplinary action.

Dr. Profitt recused himself from any discussion or voting pertaining to BIC202-18.

BIC2025: Mr. Fingerson reported that the credential holder has violated their IPTPC contract by testing positive for alcohol consumption.

Action taken: After discussion, the Board authorized Counsel to move forward with formal charges. The motion was seconded by Mr. Kleinert, which carried.

Update on Monitoring Probations

The Board noted the following credential holders who are presently being monitored: Sabrina Pletz, PTA; Andrea Brown, PT; Donald Bruce Taylor, PT; William Barabas, PT; and John Brian Belcher, PTA; and Kelsey Pinson, PTA. A monitoring report was submitted by the Board-appointed monitor and considered by the Board for Ms. Pinson. Additionally, Mr. Grubb who is Ms. Pinson's monitor formally requested that she be released from monitoring.

Action taken: After discussion, Dr. Kuperstein moved that the Board release Ms. Pinson from monitoring. The motion was seconded by Mr. Kleinert, which carried.

Board Discussions, Committees and Opinion Requests

Practice Act Review Committee

Mr. Curley provided an update to the Board regarding the draft amendments to the Practice Act.

Action taken: No action taken.

FSBPT – 2025 Annual Education Conference

Mr. Curley, Dr. Ogle, Dr. Carper and Dr. Kuperstein discussed with the Board the salient topics from the FSBPT 2025 Annual Education Meeting.

Action taken: No action taken.

NCIT Training

Ms. Lutz, Dr. Carper, and Mr. Poynter discussed with the Board the salient topics from the NCIT Training.

Action taken: No action taken.

Status Change

The Board discussed a question raised at the September Board meeting regarding a status addition of "retired." After consideration the Board decided to table this issue and review during the 2027 renewal cycle.

TOEFL Task Force

Mr. Curley provided an update to the Board's TOEFL Task Force regarding a draft amendment to the regulation.

2026 Board Meeting Schedule

Following consideration of various educational conferences scheduled to be held in 2026, and in an effort to avoid conflicts with the scheduling of these conferences, the Board established the following schedule for Board meetings in 2026:

Board Meetings: 9:00 a.m. to approximately 2:00 p.m.

January 8
March 19
May 21
July 23
September 24
November 19

2026 Board Appointments

- (1) 2026 Board Chair: Mr. Kleinert made a motion for Dr. Carper to assume the position of Chair, effective 01/01/26. The motion was seconded by Ms. Thompson, which carried.
- (2) 2026 Chair Elect: Dr. Carper made a motion that Dr. Kuperstein assume the position of Chair-Elect effective 01/01/26. The motion was seconded by Mr. Kleinert, which carried.
- (3) Complaint Committee Members: Mr. Kleinert made a motion to reappoint Dr. Carper and appoint Dr. Kuperstein to all the Complaint Committees. The motion was seconded by Ms. Thompson, which carried.
- (4) 2026 ADA Accommodations Committee/Liaison Members: Dr. Carper made a motion to appoint Board Staff to make initial decisions with assistance from Dr. Profit as ADA Accommodations Liaison Members. The motion was seconded by Mr. Kleinert, which carried.
- (5) 2026 KBPT Continued Competency Liaison to APTA KY: Dr. Carper made a motion to reappoint Ms. Thompson to serve as the KBPT Board Member Continued Competency Liaison to APTA KY, effective 01/01/2026. The motion was seconded by Mr. Kleinert, which carried.
- (6) 2026 Finance Workforce Members: Mr. Kleinert made a motion that Dr. Carper and Dr. Kuperstein serve as the 2026 Finance Workforce Members, effective 01/01/26. The motion was seconded by Ms. Thompson, which carried.
- (7) 2026 KBPT Board Member Liaison to APTA KY: Dr. Carper made a motion to appoint Dr. Kuperstein to serve as the KBPT Board Member Liaison to APTA KY. The motion was seconded by Mr. Kleinert, which carried.

Executive Director's Report

Financial Report

Mr. Curley offered a report that addressed the Board's finances for the end of the First and Second Quarter of the 2026 Fiscal Year.

Action taken: No action taken.

Administrative Regulation – 201 KAR 22:020, and 201 KAR 22:045

Mr. Curley reported the status of 201 KAR 22:020 and 201 KAR 22:045.

Action taken: No action taken.

Additional Education and Training

Mr. Curley provided additional information that the Board requested at the July Board meeting pertaining to the Kentucky Employee Educational Assistance Program.

Action taken: No action taken.

PT Compact State Status Report

Mr. Curley provided and discussed with the Board the quarterly report regarding the Physical Therapy Compact from the Compact Commission.

Action taken: No action taken.

Executive Director Annual Review

The Board discussed at length Mr. Curley's performance during this last year as Executive Director.

Action taken: Following discussion, Dr. Profitt made a motion to increase Mr. Curley's annual salary by 4%. The motion was seconded by Mr. Kleinert, which carried unanimously.

Additionally, Dr. Ogle and Dr. Carper will have a follow-up meeting on 12/18/2025 with Mr. Curley to discuss his annual review.

Staff Reports and Discussions

The Board reviewed the following staff reports:

- (a) Mr. Curley reported that the 2025 Audit began on 05/05/2025 and provided a brief update on the Audit process.

Action taken: No action taken.

- (b) Office Updates: Mr. Curley provided a brief report on the Board office updates and disseminated additional quotes for furniture for the Board room and vestibule.

Action taken: No action taken.

- (c) Informed Consent: Mr. Curley reported that during the FSBPT 2025 Annual Educational Conference there was a discussion regarding informed consent. Several Board members requested that a Task Force be created to discern whether the Board should add informed consent language to 201 KAR.

Action taken: After discussion, the Board decided to create an Informed Consent Task Force with Dr. Carper, Dr. Ogle, Ms. Thompson and Mr. Kleinert to review and make suggestions to the full Board.

- (d) Application Questions: Mr. Curley provided a brief update on the ongoing review of changing questions on applications and the expansion of advertising of the IPTPC program.

- (e) Exam Application Review W.L. – Mr. Curley reported that this applicant had answered “no” to the question of criminal convictions, however, the applicant had a record of criminal convictions.

Action taken: After discussion, Dr. Carper made a motion to issue a Private Admonishment to the applicant for failing to report criminal convictions on their application, and authorized Board staff to issue a credential once the applicant passes the NPTE. The motion was seconded by Ms. Thompson, which carried.

- (f) Endorsement Application Review A.F. - Mr. Curley reported that this applicant reported a previous theft charge.

Action taken: After discussion, Dr. Kuperstein made a motion to issue a credential to the applicant without restrictions due to the minor nature of the violation. The motion was seconded by Ms. Lutz, which carried.

(g) Staff Inquiry – Functional E-Stim/NMES - Mr. Curley reported that a question was posed to the Board regarding a specific type of E-Stim.

Action taken: After discussion, the Board authorized staff to respond that with the proper training, education and expertise that NMES is within the scope of practice of physical therapy.

(h) Staff Inquiry – Dry Needling - Mr. Curley reported that a question was posed to the Board regarding a specific type of dry needling.

Action taken: After discussion, the Board authorized staff to respond to the individual and inform them that there is no specific regulation that limits the types of dry needling.

Conferences and Meetings Relating to Physical Therapy

The Board reviewed the following schedule of upcoming conferences:

a. CAPTASA

(1/30-31, 2026 Louisville, KY)

Mr. Kleinert made a motion for the Board to pay for the registration fees and associated travel costs for up to five people to attend the CAPTASA Annual Education Conference in Louisville, Kentucky. The motion was seconded by Dr. Carper, which carried.

New Licensee/Reinstatement/Renewal Applications

Action taken: Mr. Kleinert made the motion to review, approve, and ratify the list of persons issued licenses and certificates since the last meeting, as well as a list of examination and reinstatement applicants. This motion was seconded by Ms. Lutz, which carried.

New Business

BIC2025-12 & BIC2020-19: The Complaint Committee reported that this case involves a credential holder who was placed under an Immediate Temporary Suspension (ITS) for violating the terms of their Settlement Agreement. The credential holder requested an emergency hearing, which was held on 07/18/25, and the Order Upon Tribunal Verdict Following Emergency Hearing on 07/23/25, upheld the ITS. During the August 2025 Board meeting, the Board authorized Counsel to draft a Settlement of Voluntary Surrender with a path back to licensure through sobriety. Board staff disseminated the signed Settlement Agreement of Voluntary Surrender for the Board to review.

Action taken: After discussion, the Complaint Committee recommended and moved to approve the Settlement Agreement of Voluntary Surrender. The motion was seconded by Dr. Kuperstein, which carried.

Staff Inquiry – Alpha-GAL treatment - Mr. Curley reported that a question was posed to the Board regarding an auricular needle-based treatment for alpha-gal syndrome being performed by a physical therapist.

Action taken: After discussion, the Board authorized staff to respond that this treatment was not within the scope of practice of physical therapy.

Future Topics

Dr. Kuperstein requested a review of the code 201 KAR 22:053 code of ethics at a future Board meeting.

Board Member Per Diems and Expenses

Ms. Lutz made a motion to approve per diems for Board members. The motion was seconded by Ms. Thompson, which carried.

Adjournment

Ms. Thompson made the motion to adjourn the meeting at 1:39 p.m. EST, seconded by Dr. Carper, which carried.

Respectfully submitted,

A handwritten signature in blue ink, appearing to read "SC" followed by a stylized surname.

Stephen Curley
Executive Director